

2015 Ontario Provincial Cyclocross Championships

November 15, 2015

Technical Guide

Rev. 4 (10 November 2015)



Contents:

Schedule	1
Fees	1
Bib Numbers/Scoring.....	2
Prizes.....	2
Venue Layout and Parking.....	3
Emergency Action Plan	3
Course Map.....	4
Event Rules	5
Maps/Directions	6
Sponsors.....	8

**2015 Ontario Provincial Cyclocross Championships
15 November 2015**

Schedule

Category	Start Time	Duration
Master D Men	9:30	40 minutes
Master C Men	9:30	40 minutes
Sportif Men (non championship)	9:31	40 minutes
U13 Men and Women	10:45	30 minutes
U15 Men and Women	10:45	30 minutes
U17 Men and Women	10:45	30 minutes
Under 19 (Junior) Men	11:45	45 minutes
Master B Men	11:46	45 minutes
Master A Men	11:46	45 minutes
Elite Women	13:00	40 minutes
Under 19 (Junior) Women	13:00	40 minutes
Master Women	13:00	40 minutes
Elite Men	14:00	60 minutes
U23 Men	14:00	60 minutes
Single Speed (non championship)	14:01	45 minutes

Callups will take place 5 minutes before the scheduled start time. Only pre-registered riders will be considered for callups.

Fees

Category	Pre-reg
U13 M/F, U15 M/F, U17 M/F	\$20
U19 M/F, U23 M/F	\$25
All others	\$40

Pre-registration is available online at www.ontariocycling.org and closes at midnight on Thursday 12 November, 2015. Late registration will be available on site closing 30 minutes before the start of each race.

On-site registration will be cash only at a fee of \$30 for U13/U15/U17/U19/U23 and \$50 for all others.

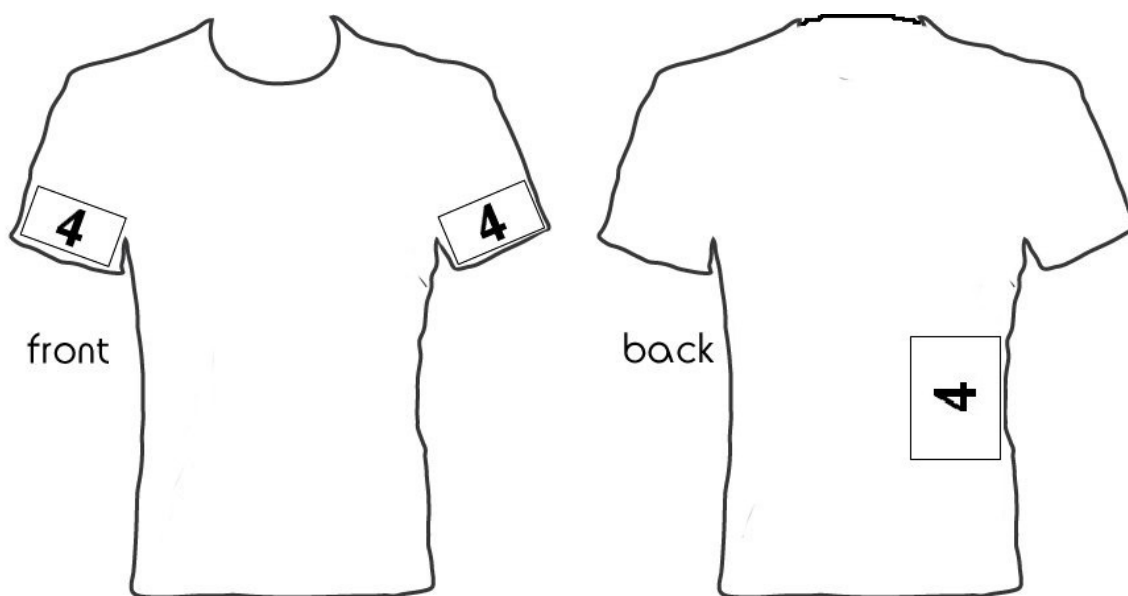
**2015 Ontario Provincial Cyclocross Championships
15 November 2015**

Bib Numbers/Scoring

There will be electronic chip timing. Chips to be placed on your fork will be supplied at registration and are to be returned after the race. If you need a second chip for a pit bike please ask at registration.

Masters Men and U23 Men will not use their O-Cup assigned numbers. You will be issued new numbers just for Provincial Championships. All other categories will use their O-Cup numbers. Please bring your bib numbers if you have been to an Ontario race already this season.

Bib placement is shown here. Note that shoulder numbers should be on the side/front of the arm and clearly visible from each side.



Prizes

For the championship categories an Ontario Provincial Champion jersey will be awarded to the winner and the top 3 places will receive medals. Only riders licensed and residing in Ontario are eligible for championship jerseys and medals (i.e. they will go to the top Ontario rider if others are present).

Additionally, prizes consisting of cash and/or merchandise will be awarded to at least the top three finishers in each category. The total cash and merchandise value is estimated at over \$1000 in total, based on 100 participants. The final cash prize list will be posted at registration.

2015 Ontario Provincial Cyclocross Championships
15 November 2015

Venue Layout and Parking

Parking is available in the Burgoyne Woods Pool parking lot and around the ring road to the left when entering the park. No parking will be available for racers and spectators at the course side of the park, but vehicles will be allowed to drop off items such as team tents. Parking along the road through the valley is strictly prohibited as it must be kept clear for emergency vehicle access.



Emergency Action Plan

Medical first responders will be on site to administer first aid. They will be located in the gravel lot near registration unless responding to an emergency on course. If you need to report an incident please find an official or race volunteer and they will inform the necessary parties.

Niagara Health System St. Catharines Site (hospital) is located at 1200 Fourth Ave., St. Catharines, ON L2S 0A9. See page 7 of this tech guide for a map and directions.

2015 Ontario Provincial Cyclocross Championships 15 November 2015

Course Map

This 2015 Provincials course has something for everyone, and is sure to select worthy champions.

Those who have been to the We Need More Cowbell races will notice some similarities from years past. Along with some classic sections, a new descent and runup in the woods have been added, along with re-worked turns in the bowl section and some variations in the back section, which is likely to be slippery in mid-November.



2015 Ontario Provincial Cyclocross Championships
15 November 2015

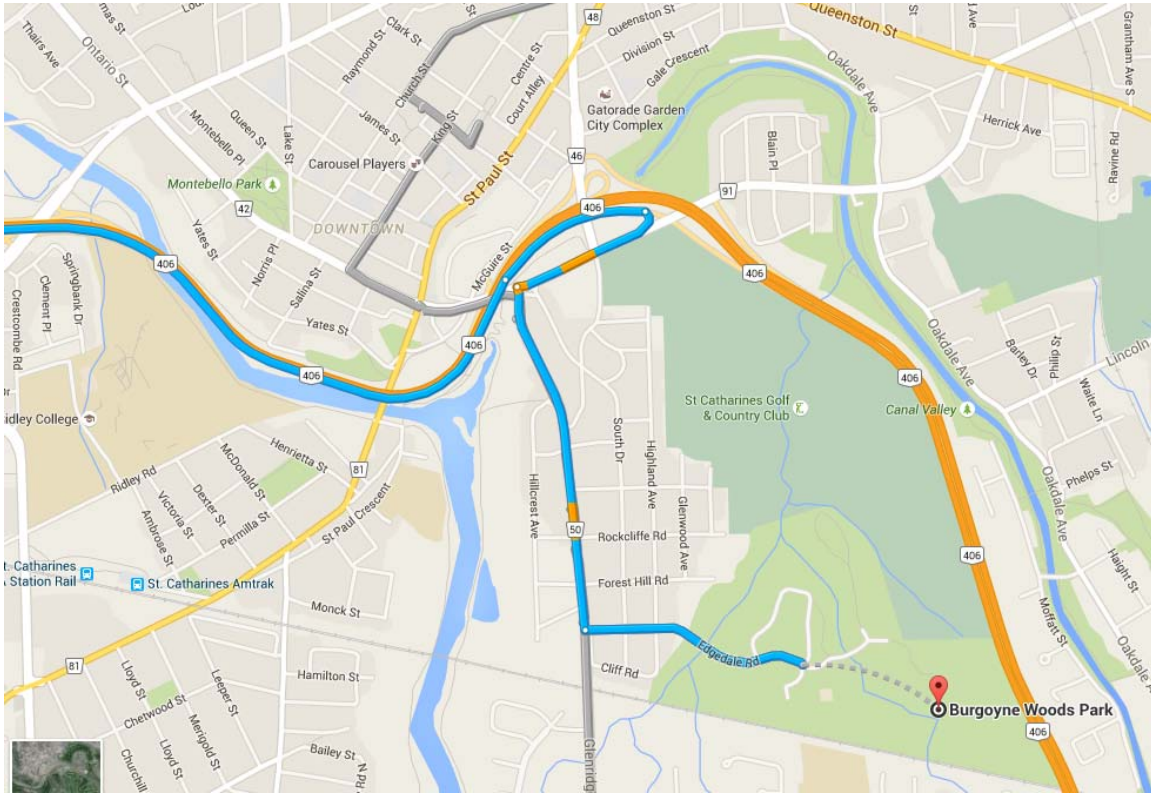
Event Rules

- The races will be held under the rules of the UCI/CCA with OCA modifications. Find CCA/OCA rules online at <http://www.ontariocycling.org/commissaires/commissaires-rules>
- All riders must sign on at registration each day at least 30 minutes before their start. Registration will open at 8:30 am and remain open until 1:30 pm.
- Callups are based on UCI points, reigning National Champions, reigning Provincial Champions, O-Cup and Eastern series standings.
- All non-Canadian riders require a UCI international licence to participate in any Ontario events. All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.
- One day licenses will be for sale by the OCA if you do not hold a UCI International License or OCA Citizen Permit. One day licenses and Citizen's Permits are ONLY offered for the Master C/D Men, U13/U15/U17 M/F, Sportif Men and Elite/U19/Master Women's categories.
- Cyclocross bicycles conforming with UCI regulations are required in all championship categories except U13, U15, and U17 M/F. Non-championship categories allow any bicycle (i.e. mountain bikes) provided bar ends are removed.
- Warming up on course while races are going on is prohibited. As the lead rider crosses the finish line riders will be advised that they may enter the course **after** the finish line and must not interfere with racers completing their last lap. Please be courteous to other racers above all else.
- A double pit is located on course for servicing equipment and changing bikes or wheels. The pit must be accessed by the designated entrances and riders may not travel backwards or cut the course to reach the entrance with the exception of a mishap occurring **AFTER** the pit entrance but **BEFORE** the pit exit (travel backwards to pit entrance in this case)
- Any rider dropping out of the race shall immediately notify a commissaire. If you drop out of a race and do not report it to a commissaire you will be considered an Unreported DNF and will be assessed a penalty.
- Lapped riders may be pulled at the order of the commissaires, either after being overtaken or just before being overtaken.
- The prize list will be displayed at registration. Additional primes may be announced on the start line.
- Results will be posted near registration shortly after each race. Upon posting there will be a 15 minute protest period after which time the results become official and award presentations will follow promptly.
- Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders are expected to wear their competition uniforms for the presentation.

2015 Ontario Provincial Cyclocross Championships
15 November 2015

Maps/Directions

QEW To Race Venue:

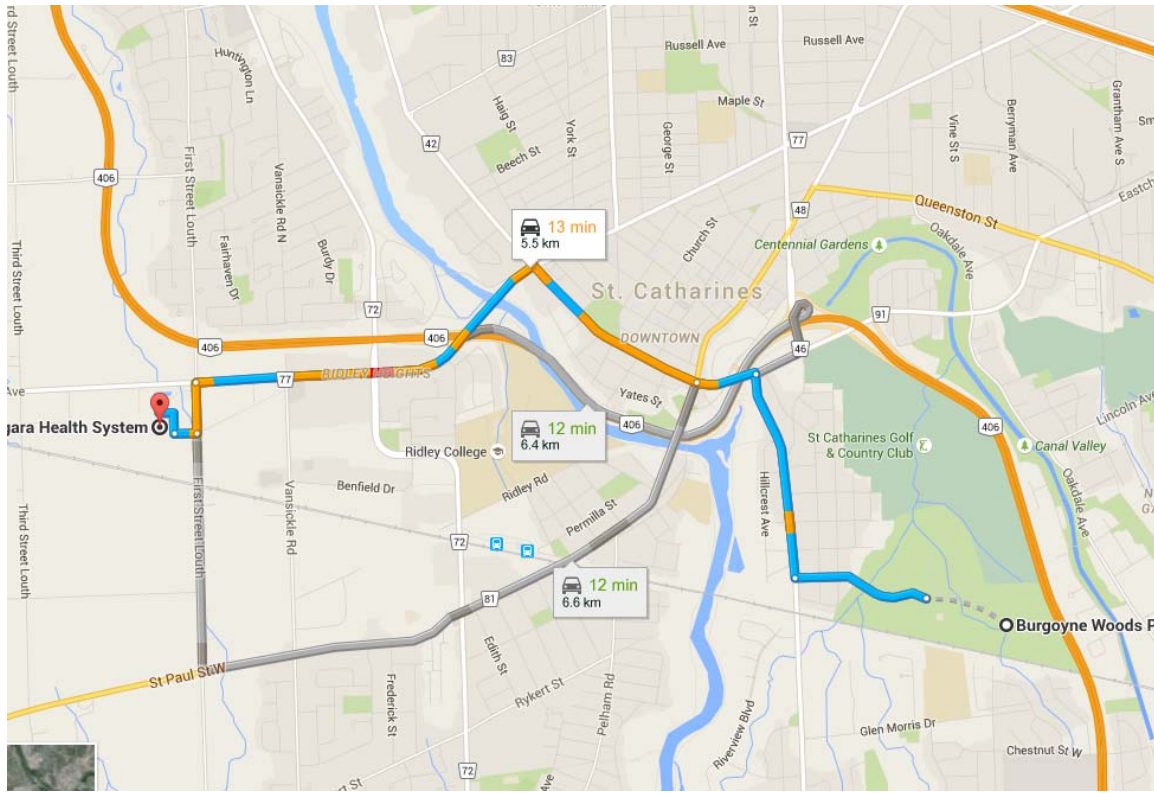


- From QEW Niagara take the exit for ON-406 S towards Thorold/Welland/Port Colborne
- Use the right lane to take the Regional Road 91/Westchester Avenue exit
- Sharp right onto Westchester Ave/Regional Rd 91 (signs for Regional Road 91 W/Westchester Avenue/Downtown)
- Turn left onto Glenridge Ave
- Turn left onto Edgedale Rd
- Follow road straight into park.

Signs will be posted on the day of the race directing you from the road to the race location within the park.

2015 Ontario Provincial Cyclocross Championships 15 November 2015

Race Venue to Hospital:



- Head northwest on Edgedale Rd
- Turn right onto Glenridge Ave
- Turn left onto Westchester Ave
- Continue onto Ontario St
- Turn left onto Fourth Ave
- Hospital will be on the left

2015 Ontario Provincial Cyclocross Championships
15 November 2015

Sponsors

Thank you to the following for making this event possible:

